

Educational goals of the study program of Sport

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Education goals of the basic professional studies of the study program of Sport are formation of a modern, competent and independent coach enabled for all forms of professional and practical activities in the field of sports training and competition. He/she is trained to successfully apply all relevant training methods and resources, to plan and program of Sport activities as well as to implement in practice technological achievements in the field of sport (the chosen sports branch). This means acquiring certain theoretical and especially practical, applicable knowledge of sports fields i.e., sports training and competition, namely:

- acquiring certain general knowledge important for coaching profession such as: computer science and English language;
- acquiring certain knowledge in the fields of: psychology, sociology, anatomy, physiology, biology, pedagogy, nutrition;
- acquiring specific and applicative knowledge in the fields such as: history of sport, theory of sports training, technology of sports training, specific sports branches and disciplines.

Instruction contents of courses taught in the study program of Sport are intended to train students to independently apply all relevant methods, technologies and organization of realization of sports activities. They are harmonized with the needs of sport, i.e. the community. Students who complete the study program of Sport are fully trained to work in sports clubs, schools of sport, national teams, sports associations, sports centers, thanks to quality practice and professional work.

Special attention is paid to development of the abilities to integrate acquired knowledge and apply it in practice. In that sense, one of important goals is to stimulate development of creative and innovative skills, critical thinking and initiative of students.

Aims of the study program are fully consistent with the basic tasks and goals of the Faculty of Sport and Physical education.